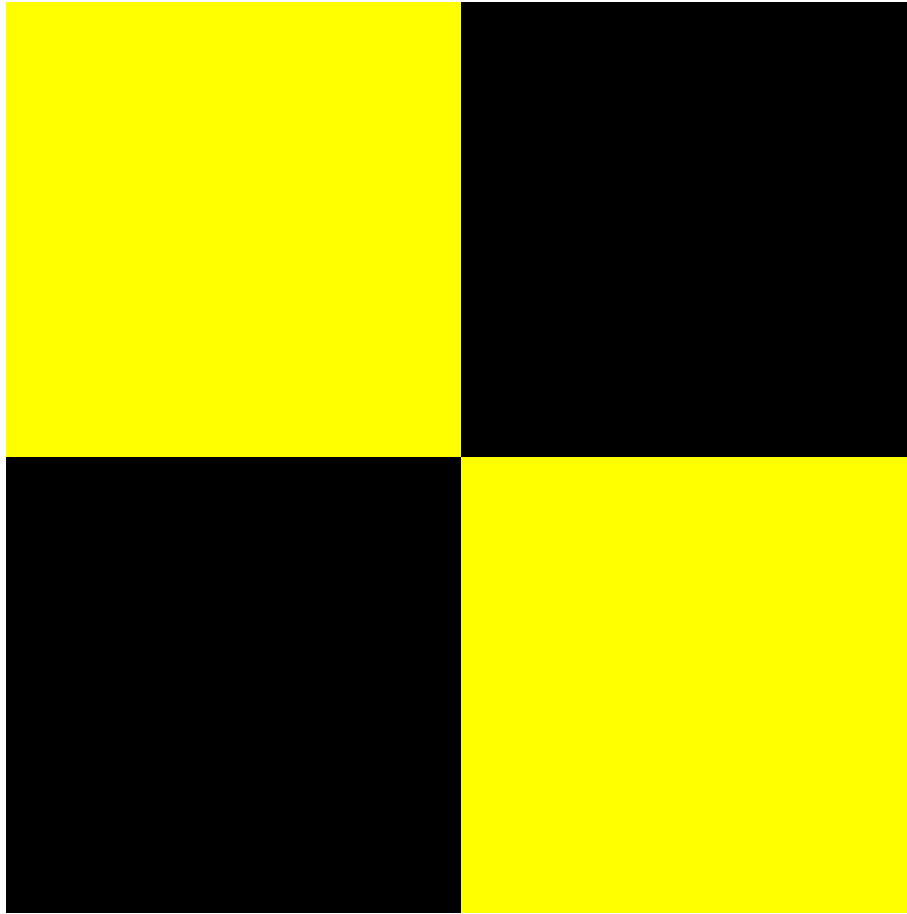


If You Feel Sick or are Self-Quarantined



Shilshole Prepares is here to help you:

Stuck on your boat & need help getting groceries, medicine, fuel, water or other help? We are here for you:

Your dock contacts:

Name	Phone	Email
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Name	Phone	Email
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Name	Phone	Email
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Shilshole Prepares contact:

Kristen Sierra amazonred53@gmail.com 206-890-5756

Port of Shilshole: 206-601-4089 WA Health Dep't Hotline: 1-800-525-0127

VHF channel 17 is always monitored V-MAN: VHF channel 71 Monday 8pm